



PATIENT HEALTH HISTORY

PATIENT NAME _____ DATE OF BIRTH _____

DRUG ALLERGIES _____ HEIGHT _____ WEIGHT _____ BMI _____

CURRENT MEDICATIONS _____

PREVIOUS SURGERY(S) _____

NATURE OF PROBLEM/INJURY

CHIEF COMPLAINT _____ WHEN DID IT FIRST OCCUR? _____

WHAT MAKES IT BETTER? _____ WHAT MAKES IT WORSE? _____

WHAT TREATMENT HAVE YOU HAD? _____

RATE YOUR PAIN ON A SCALE 0-10 (0=NONE; 10=SEVERE) _____ WORK RELATED? Yes No

HAVE YOU SEEN ANOTHER PHYSICIAN REGARDING THIS PROBLEM? YES NO IF YES, NAME(S): _____

MEDICAL PROBLEMS

Have you had or do you currently have any of the following? *If none, check here:*

- | | | |
|--|--|--|
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Thyroid disorder | <input type="checkbox"/> HIV / Hepatitis infection |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Respiratory / lung disorder | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Cancer | <input type="checkbox"/> Other _____ |

REVIEW OF SYSTEMS

Have you had or do you currently have any of the following? *If none, check here:*

- | | | |
|---|---|--|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Fevers | <input type="checkbox"/> Unexplained weight loss |
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> Recent infection | <input type="checkbox"/> History of steroid (prednisone) use |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> History of blood clots | <input type="checkbox"/> Environmental allergies |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Bleeding problems | <input type="checkbox"/> Excessive fatigue/weakness |
| <input type="checkbox"/> Heartburn/ulcers | <input type="checkbox"/> Anesthesia problems | <input type="checkbox"/> Limited exercise/walking tolerance |
| <input type="checkbox"/> Skin rash/dermatitis | <input type="checkbox"/> Severe headaches/migraines | <input type="checkbox"/> Other _____ |

SOCIAL HISTORY

Marital status: Married Single Divorced Widowed

Housing status: Live alone Live with spouse/partner Live in nursing/assisted care facility Other _____

Do you use tobacco? Yes No If yes, type and how much? _____

Do you consume alcoholic beverages? Yes No If yes, average drinks per day? _____

Occupation: _____

FAMILY HISTORY

Do you have a family history of any of the following? *If none, check here:*

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> Heart problems | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Other _____ |

OSTEOPOROSIS SCREENING

Results of a previous bone density scan: Never tested Normal Low

Daily calcium intake (type/dose): _____

Have you ever broken a bone? Yes No If yes, which bone(s) _____

Do you have a family history of broken bones/osteoporosis? Yes No

PATIENT SIGNATURE _____ DATE _____

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