

# PATIENT HEALTH HISTORY

PATIENT \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

## MEDICATION & SURGERY HISTORY

Drug Allergies \_\_\_\_\_

Current Medications \_\_\_\_\_

Pharmacy (name/address/phone) \_\_\_\_\_

Previous Surgery(s) \_\_\_\_\_

## NATURE OF PROBLEM/INJURY

Chief Complaint \_\_\_\_\_

When did problem/injury first occur? \_\_\_\_\_

What treatment have you had? \_\_\_\_\_

Have you seen another physician for this problem?  Yes  No If yes, name(s): \_\_\_\_\_

## MEDICAL PROBLEMS

Have you had or do you currently have any of the following? *If none, check here:*

<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Thyroid disorder	<input type="checkbox"/> HIV / Hepatitis infection
<input type="checkbox"/> Heart disease	<input type="checkbox"/> Respiratory / lung disorder	<input type="checkbox"/> Stroke
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Cancer	<input type="checkbox"/> Other _____

## REVIEW OF SYSTEMS

Have you had or do you currently have any of the following? *If none, check here:*

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Fevers	<input type="checkbox"/> Unexplained weight loss
<input type="checkbox"/> Chest pain	<input type="checkbox"/> Recent infection	<input type="checkbox"/> History of steroid (prednisone) use
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> History of blood clots	<input type="checkbox"/> Environmental allergies
<input type="checkbox"/> Asthma	<input type="checkbox"/> Bleeding problems	<input type="checkbox"/> Excessive fatigue/weakness
<input type="checkbox"/> Heartburn/ulcers	<input type="checkbox"/> Anesthesia problems	<input type="checkbox"/> Limited exercise/walking tolerance
<input type="checkbox"/> Skin rash/dermatitis	<input type="checkbox"/> Severe headaches/migraines	<input type="checkbox"/> Other _____

## SOCIAL HISTORY

Marital status:  Married  Single  Divorced  Widowed

Housing status:  Live alone  Live with spouse/partner  Live in nursing/assisted care facility

Other \_\_\_\_\_

Do you use tobacco?  Yes  No If yes, type and how much? \_\_\_\_\_

Do you consume alcoholic beverages?  Yes  No If yes, average drinks per day? \_\_\_\_\_

Occupation: \_\_\_\_\_

## FAMILY HISTORY

Do you have a family history of any of the following? *If none, check here:*

<input type="checkbox"/> Heart problems	<input type="checkbox"/> Stroke
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Cancer
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Other _____

## OSTEOPOROSIS SCREENING

Results of a previous bone density scan:  Never tested  Normal  Low

Have you ever broken a bone?  Yes  No If yes, which bone(s) \_\_\_\_\_

Daily calcium intake (type/dose) \_\_\_\_\_

Do you have a family history of broken bones/osteoporosis?  Yes  No

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# PAIN ASSESSMENT

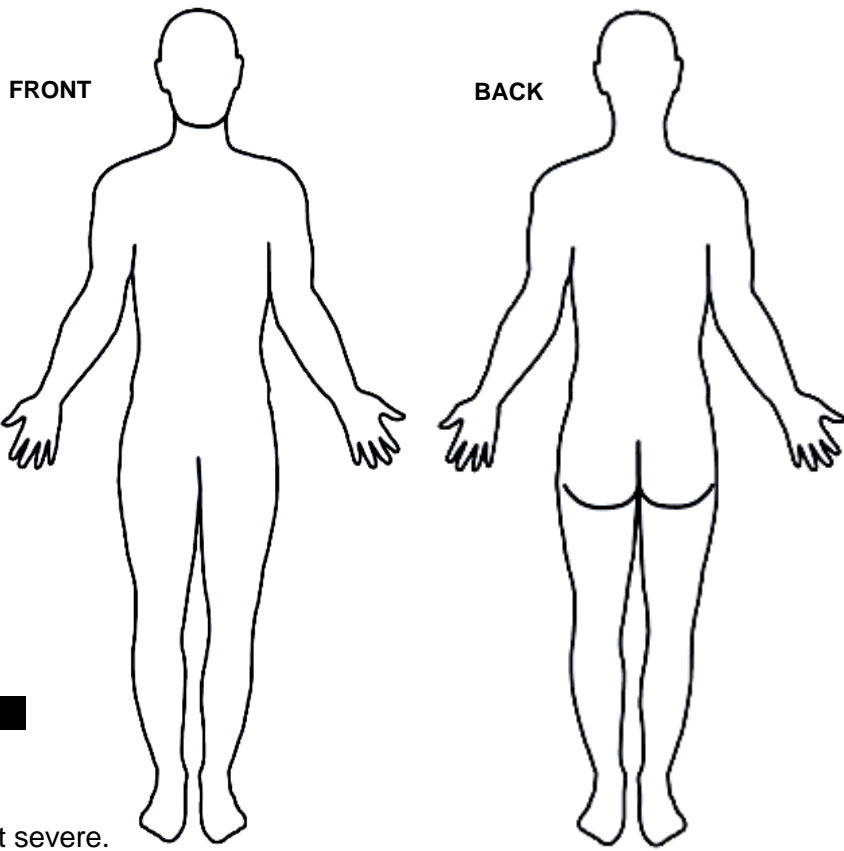
PATIENT \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

## PAIN DIAGRAM

Using the symbols below, mark the areas on your body where you feel the described sensation. Include all affected areas.

**SYMBOLS:**

Dull, Achy	///
Sharp, Stabbing	xxx
Electrical, Shooting	≈≈≈



## PAIN SCALE

(0 = No Pain and 10 = Worst Pain Imaginable)

Circle the **range** of your pain from best to most severe.

0 1 2 3 4 5 6 7 8 9 10

Circle your **current level** of pain.

0 1 2 3 4 5 6 7 8 9 10

## TREATMENT

What makes your pain **better**? \_\_\_\_\_

What makes your pain **worse**? \_\_\_\_\_

Have you tried:

❖ **Pain medication?**  Y  N  
 If yes, which one? \_\_\_\_\_

❖ **Physical therapy?**  Y  N  
 If yes, where and for how long? \_\_\_\_\_

❖ **Injection?**  Y  N  
 If yes, when? \_\_\_\_\_ Was it temporarily helpful? \_\_\_\_\_